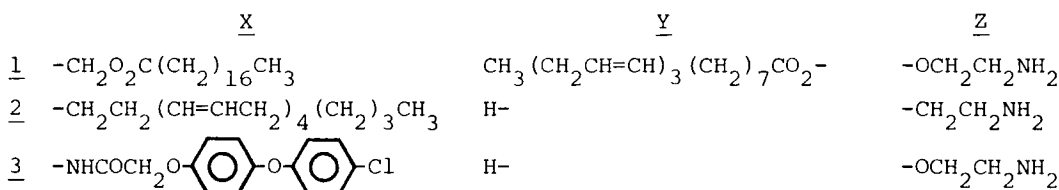
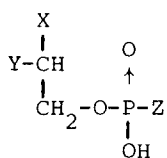
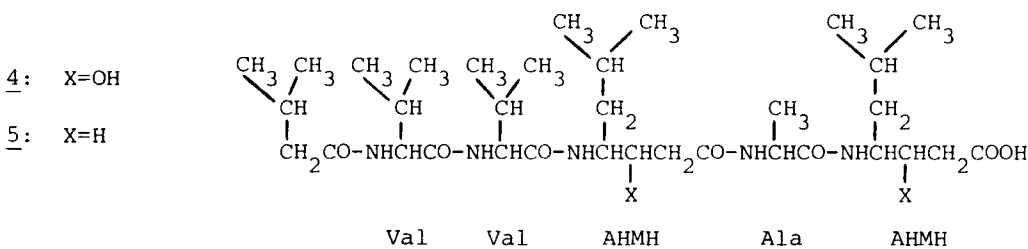


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line derivatives¹⁴. In spite of their weak inhibitory activity *in vitro*, several of these compounds significantly lower blood pressure in the Goldblatt two-kidney renal hypertensive rat (RHR), a renin-mediated hypertensive model in which one renal artery is constricted and the other kidney is left intact. The renal phospholipid and synthetic analogs 1 and 2 given by daily intramuscular injections (7-50 mg/kg) produced a progressive lowering of blood pressure that reached a maximum of 40-50 mm Hg within 2-4 days^{10,12}. Analog 2 also produced an 85% inhibition of plasma renin activity in the RHR¹². The phosphorylethanolamine analog PE-104 (3) was shown to be a specific competitive inhibitor of renin *in vitro* ($K_i=2$ mM). Upon intravenous infusion at a total dose of 200 mg/kg, it produced a 26 mm Hg lowering of blood pressure and a partial

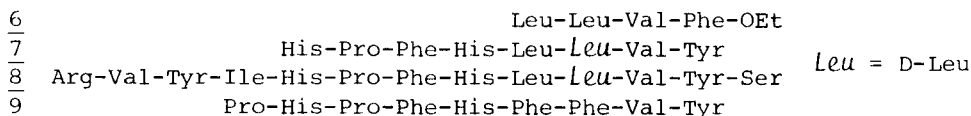


inhibition of renin activity in RHR¹³; its renin inhibitory activity was reported to be of short duration. It remains to be conclusively demonstrated whether or not the antihypertensive actions of analogs 1-3 are related to their weak renin inhibitory activity.



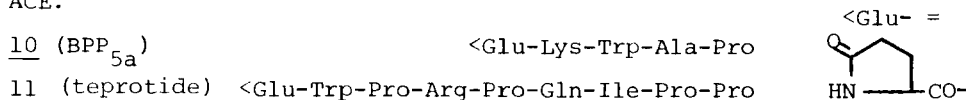
Pepstatin A (4) is an N-acetylated pentapeptide of microbial origin that contains two residues of the unusual amino acid 4-amino-3-hydroxy-6-methylheptanoic acid (AHMH) and is a potent inhibitor of acid proteases such as pepsin, cathepsin D, and renin¹⁵⁻¹⁷. Structure-activity studies^{17,18} indicate that the hydrophobic side-chains and the first AHMH residue of pepstatin are important for its inhibitory activity. Such results have led to the suggestion that pepstatin is a transition-state analog, with the hydroxyl group of the first AHMH residue mimicking the tetrahedral transition state of the scissile peptide carbonyl. In apparent support of this concept, the dideoxy analog 5 is a competitive inhibitor of pepsin, with a 1000-fold lower inhibitory action than pepstatin¹⁸. In rats, intravenous doses of 0.2 to 0.8 mg/kg (limited by the poor aqueous solubility of pepstatin) inhibit the pressor response to infused renin, and lower blood pressure in RHRs^{16,19}, but with a duration of only 10 to 15 minutes.

Several structural analogs of the renin substrate are reasonably potent competitive inhibitors of renin *in vitro*; but none has yet been shown to inhibit significantly the action of renin *in vivo*. Tetrapeptide ester 6 and similar analogs²⁰ were shown to be weak competitive inhibitors of renin at pH 6.4 (I_{50} = 0.5 to 1.0 mM), and inhibited only partially



the blood pressure response to renin at a total intravenous dose of 50 mg in rabbits. Octapeptide analog 7 and tridecapeptide analog 8, with D-leucine incorporated into the bond normally cleaved by renin, are potent inhibitors of renin at pH 5.5 (K_i = 3 μ M and 7 μ M, respectively)^{21,22}; analog 7, however, was shown to be inactive at neutral pH²³. Recently the phenylalanine substituted analog (9) was shown to be a potent inhibitor of human renin at physiological pH (K_i = 1.0 μ M), but a poor inhibitor of non-primate renins^{23,24}.

Inhibitors of Angiotensin-Converting Enzyme: The peptidyl dipeptide hydrolase usually referred to as angiotensin-converting enzyme (ACE) also inactivates the vasodepressor nonapeptide bradykinin (BK)²⁵; for this reason, all inhibitors of ACE have two different but related biological activities: inhibition of AI actions and augmentation or prolongation of BK actions. Both of these activities, however, can lead to lowering of blood pressure. Two distinct classes of specific competitive inhibitors of ACE have been useful in clinical studies: peptides originally isolated from snake venoms, and acylamino acids designed for specific interaction with ACE.



A mixture of bradykinin-potentiating peptides (BPP) from the venom of the Brazilian pit viper *Bothrops jararaca*²⁶ was shown in 1968 to inhibit ACE²⁷. A number of peptides were isolated from this venom as bradykinin potentiators²⁸ or as ACE inhibitors²⁹; and similar bradykinin potentiating peptides were isolated from the Asian viper *Akistrodon halys Blomhoffii*³⁰. One of the bradykinin-potentiating peptides from *B. jararaca* (BPP_{5a}, 10) was sequenced, synthesized, and shown also to be a potent inhibitor of ACE^{28,31}. Six of the ACE inhibitors from *B. jararaca* were also sequenced, synthesized, and shown to be bradykinin-potentiating peptides as well as competitive inhibitors of ACE^{29,32,33}; the most potent and thoroughly characterized of these was the nonapeptide SQ 20,881 (11). Peptide 11, employed as a bradykinin-potentiating peptide, has also been referred to as BPP_{9a} (see Table II of reference 33), or sometimes as CEI (converting enzyme inhibitor)³⁴. Structure-activity studies with analogs of 10 and 11 have revealed the importance of the free carboxyl group and the C-terminal tripeptide sequence for competitive binding at the active site of ACE; certain of the other (N-terminal) amino acid residues also apparently bind

to the enzyme and contribute to the overall inhibitory potency³⁵. Replacement of the glutamine in 11 by lysine appears to increase tissue binding *in vitro*³⁶.

The *Agkistrodon* peptides^{30,37} have not been extensively tested *in vivo*. The pentapeptide 10 was found to inhibit vasopressor responses to AI and augment vasodepressor responses to BK in rats, and also to lower blood pressure in two-kidney RHR; but its potency and duration of action were much less than those of the nonapeptide 11, which has been the only peptidic inhibitor of ACE used in clinical studies. At intravenous doses of 3 to 25 mg/kg, 11 produced a dramatic and prolonged lowering of blood pressure in two-kidney RHR³². Similar doses lowered blood pressure of dogs made hypertensive by constriction of one renal artery³⁴, and produced marked increases in plasma renin activity, presumably by interrupting a direct negative feedback action of AII on renin release. The nonapeptide 11 was not hypotensive in normal animals, but significantly lowered blood pressure in sodium depleted rats^{34,38,39} and prevented the increase in plasma aldosterone that normally results from sodium depletion^{38,39}.

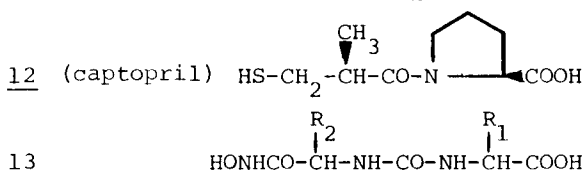
Compound 11 was also not hypotensive in normal human volunteers; but at an intravenous dose of 0.25 mg/kg a marked hypotensive response was obtained in sodium depleted subjects after a rapid 70° tilt. Plasma renin activity rose dramatically, but the normal increase in aldosterone was blocked³⁴. In 65 hypertensive patients of various etiologies including renovascular, malignant, and essential, all high-renin patients and more than 90% of the "normal-renin" patients showed a lowering of blood pressure after intravenous administration of 11 at 1 mg/kg⁴⁰. In earlier studies⁴¹, its duration of action, at doses of 1-4 mg/kg, was shown to be as great as 16 hours, and the antihypertensive action was shown to be potentiated by mild sodium depletion.

Since the renin-angiotensin and kallikrein-kinin systems may increase in parallel in response to stimuli such as sodium depletion, it is not easy to assess the relative contributions of AII inhibition and BK augmentation to the antihypertensive action of 11. No increase in plasma BK was found during the hypotension produced by 11 in sodium depleted subjects⁴², but a 2.3-fold increase in plasma BK was observed in sodium depleted essential hypertensive patients⁴³. Unlike most antihypertensive drugs, this nonapeptide increased renal blood flow in spite of its lowering of blood pressure^{43,44}; this intrarenal effect was not associated with an increase in BK⁴⁴.

Other potential uses of ACE inhibitors have been explored. Several investigators (see reference 45) have suggested the possible use of the nonapeptide 11 for treatment of shock. At 1 mg/kg, 11 protected dogs from death following hemorrhagic shock; AII levels during shock were decreased 10-fold, and increases in vasopressin were unaffected. Studies with 11 have also indicated that the renin-angiotensin system is essential for the compensatory response to circulatory insufficiency in an animal model of congestive heart failure⁴⁶. In patients with established heart failure, this nonapeptide improved cardiac function by decreasing

peripheral resistance and afterload on the heart⁴⁷.

Recently, a second class of potent and specific inhibitors of ACE has been developed that has the additional advantage of oral activity⁴⁸. These compounds, carboxyalkanoyl and mercaptoalkanoyl amino acid derivatives, were designed for optimal binding to the active site of ACE as visualized in a hypothetical model based on the known active site of a similar exopeptidase, carboxypeptidase A^{48,49}, which, like ACE, has a Zn ion at the active site. The most potent inhibitor of this class is SQ 14,225 [D-3-mercapto-2-methylpropanoyl-L-proline (S,S), 12], a competitive inhibitor with a K_i value of 1.7×10^{-9} M. The sulfhydryl function, amide carbonyl, and carboxylic acid group of 12 are thought to bind to the zinc ion, a hydrogen bonding group, and a positively charged residue, respectively, at the active site of ACE^{48,49}. Structure-activity studies⁴⁹ have confirmed the great importance of these three structural features of this inhibitor and have also indicated that the acyl chain length, the 2-methyl substituent, and the pyrrolidine ring are optimal for binding to the enzyme. Hydroxamic acid derivatives related to 12⁵⁰ and ureidoacetohydroxamates (13)⁵¹ have also been described as ACE inhibitors. In the interaction of these compounds with the enzyme, the hydroxamic acid functionality probably binds to the Zn ion.



In rats, 12 administered orally was at least ten times more inhibitory, on a weight basis, than the nonapeptide 11 administered parenterally⁵²; it specifically inhibited AI vasopressor activity and augmented BK vasodepressor activity in rats, cats, dogs, and rabbits⁵²⁻⁵⁵. Administered centrally, 12 did not affect blood pressure, but did inhibit central effects of AI; the compound, however, did not readily cross the blood-brain barrier⁵⁵. At 3-30 mg/kg oral doses, it rapidly lowered blood pressure by 50 to 60 mm Hg in two-kidney RHR. At the higher dose, blood pressure did not return to normal in 24 hours⁵⁶. The drug lowered more slowly the blood pressure of spontaneously hypertensive rats (SHR)^{56,57}, with about a 30 mm Hg drop, but did not appreciably affect pressures of normotensive rats. Only a mild tachycardia was observed with 12; this was not related to the degree or suddenness of the blood pressure drop. After 11 days of treatment in spontaneously hypertensive rats, no evidence was obtained for decreased responsiveness⁵⁶. Compound 12 also inhibited the vasopressor activity of AI in human volunteers⁵⁸; total blockade for 2 hours was obtained at an oral dose of 0.3 mg/kg. No untoward side effects or changes in biochemical parameters were observed in this first clinical study.

Angiotensin-Receptor Antagonists: Extensive structure-activity studies on analogs of AII carried out since its original synthesis in 1957 led in 1970 to the development of specific AII receptor antagonists: [Ile⁵, Ala⁸]-AII was shown to inhibit the contractile response of guinea pig ileum to AII⁵⁹, and [Phe⁴, Val⁵, Tyr⁸]-AII was shown to be a competitive inhibitor of the AII actions *in vitro* and *in vivo*⁶⁰. The Ala⁸ analogs of

Ile⁵-AII and Asn¹-Val⁵-AII were later reported to inhibit the vasopressor action of AII in rats^{61,62} but not in cats⁶³.

A major development in the search for useful AII antagonists was the observation that replacement of the asparagine residue in position 1 of the Asn¹-Val⁵-Ala⁸-AII analog by sarcosine⁶⁴ led to a substantial increase in the antagonistic activity. Subsequently, similar observations were made with the Ile⁸, Leu⁸, and Phe⁸ analogs⁶⁵⁻⁶⁷. Since that time, a considerable effort has been devoted to the development of new and more specific antagonists and to the reduction of the intrinsic agonistic activity of these compounds. Structure-activity studies have been recently reviewed^{37,68}, and several papers have appeared since these reviews that have further refined our understanding of the interactions between AII receptors and agonists or antagonists⁶⁹⁻⁷¹. Based on these studies the following conclusions can be drawn. 1) Replacement of the Phe⁸ residue of AII by an aliphatic amino acid is the single most important modification required to obtain an antagonist or to decrease substantially the agonistic activity. 2) Replacement of the N-terminal aspartic acid residue with sarcosine increases the agonistic or antagonistic potency *in vitro* and *in vivo*, mostly due to a stronger binding to, and a slower dissociation from, the receptor, but also and to a smaller extent by increasing resistance to enzymatic degradation⁷². 3) None of the antagonists developed so far is completely devoid of agonistic activity⁷³, and some authors⁷⁴ have emphasized that these compounds should be more correctly referred to as weak competitive agonists. 4) Some of the most commonly studied AII antagonists are Ile⁵ analogs, and some are Val⁵ analogs. Where this substitution was specifically examined^{75,76}, no major differences were observed, even though minor ones do appear to exist⁷⁶.

<u>14</u> (saralasin)	Sar-Arg-Val-Tyr-Val-His-Pro-Ala
<u>15</u> (Sar ¹ -Ala ⁸ -AII)	Sar-Arg-Val-Tyr-Ile-His-Pro-Ala
<u>16</u> (Sar ¹ -Ile ⁸ -AII)	Sar-Arg-Val-Tyr-Ile-His-Pro-Ile
<u>17</u> (Sar ¹ -Thr ⁸ -AII)	Sar-Arg-Val-Tyr-Ile-His-Pro-Thr
<u>18</u> (Ile ⁸ -AIII)	Arg-Val-Tyr-Ile-His-Pro-Ile

The angiotensin antagonists that have been most thoroughly studied *in vivo* are saralasin (14), Sar¹-Ala⁸-AII (15), Sar¹-Ile⁸-AII (16), and Sar¹-Thr⁸-AII (17). The Sar¹-Ile⁸ and Sar¹-Thr⁸ analogs are the most potent antagonists of the blood pressure increase induced by exogenous AII^{65,77,78}. Sar¹-Ile⁸-AII has equal or more agonistic activity than Sar¹-Ala⁸-AII, but Sar¹-Thr⁸-AII has significantly less agonistic activity than either^{77,78}. A more recently synthesized analog [Sar¹-Thr(Me)⁸]-AII, has an even higher antagonist activity than the Thr⁸ analog, but this modification unfortunately also increases significantly the agonistic activity⁷⁹. The same comparative degree of agonistic activity of these analogs can be also observed in their stimulation of aldosterone release from the adrenal cortex^{39,78} and catecholamine release from adrenal medulla⁷⁹. All AII antagonists developed so far have a comparatively short duration of action *in vivo* and must be administered by continuous infusion.

Angiotensin antagonists (saralasin, Sar¹-Ile⁸-AII, and Sar¹-Thr⁸-AII) have been shown to lower blood pressure in the acute hypertensive phase of two-kidney RHR^{64,80,81} and one-kidney RHR (unclipped kidney removed)⁸¹ when infused at a maximal dose of 10 to 60 µg/kg/min. The acute (renin dependent) hypertensive phase in the one-kidney model is so short that in many cases angiotensin antagonists and other renin-angiotensin system blockers have been found inactive in this model. In the chronic phase of both models the renin dependency disappears, and angiotensin antagonists are inactive^{64,80,81}. Similar results were obtained in a new model of two-kidney hypertension in conscious dogs⁸². Renin dependency and, therefore, response to angiotensin antagonists in these models can be reinstated by sodium depletion⁸⁰. In the SHR, saralasin⁶⁴ and several analogs of Phg⁸-AII⁶⁷ have been found inactive. However, Sar¹-Ile⁸-AII (5.5 µg/kg/min)⁸³ and Sar¹-Thr⁸-AII (1 µg/kg/min)⁸⁴ lower blood pressure in this model, and, in the case of Sar¹-Thr⁸-AII, this effect appeared to be dependent on the age of the rats.

The availability of saralasin has prompted a considerable number of clinical studies with this angiotensin antagonist in normal subjects and hypertensive patients. Saralasin is usually administered by infusion, but bolus intravenous injection has been studied^{85,86} for diagnostic purposes in hypertensive patients. In normal man, saralasin (10-20 µg/kg/min) has generally been found to lower blood pressure significantly only under the combined stimulus of sodium restriction and upright posture⁸⁷⁻⁸⁹, and this response depended on the degree of sodium balance⁹⁰. When Sar¹-Ile⁸-AII and Sar¹-Ala⁸-AII were compared in normal subjects⁹¹ in the supine position, it was found that both analogs had vasopressor activity after salt repletion or regular diet, and that Sar¹-Ile⁸-AII had vasopressor activity even in salt depleted subjects, thus confirming the higher agonistic activity of this analog found in animals.

In hypertensive patients, saralasin has been shown to produce consistent lowering of blood pressure only in those patients with high plasma renin activity^{74,92-95}, and similar results were obtained with Sar¹-Ile⁸-AII^{96,97}. Low-renin hypertensive patients showed vasopressor responses after saralasin infusion^{74,88-90}, and normal-renin patients have shown either no response, or a mildly vasopressor response⁷⁴. Due to their residual agonistic activity, the angiotensin antagonists so far available for clinical studies can only be used reliably in the diagnosis of the renin component of hypertension in those cases where a clear vasodepressor response has been obtained. The usefulness of prior sodium depletion for this diagnosis has been proposed⁹², and questioned⁷⁴.

The analogs obtained by replacing the Phe⁸ residue of the heptapeptide AIII by an aliphatic amino acid residue are more specific antagonists of the AII-stimulated aldosterone secretion than the corresponding octapeptide analogs⁶⁸. The Ile⁸-AIII analog (18) has now been shown to have both agonistic and antagonistic activities on blood pressure and aldosterone secretion in normal human subjects⁹⁸, even though its effect is more pronounced on the adrenal function than on the peripheral vasculature. The data gathered so far utilizing this new heptapeptide inhibitor have

not provided conclusive evidence for the hypothesis that the conversion of AII to AIII is a necessary step in the stimulation of aldosterone biosynthesis⁷³. The recent finding⁹⁹ that rat adrenal tissue has binding sites with high affinity, specific only for AIII and sites with lower affinity that can bind both AII and AIII, suggests, however, that under physiological conditions AIII may be the normal stimulus for aldosterone secretion.

Conclusions: Renin inhibitors have a unique potential for studying the pathophysiological function of the renin-angiotensin system, since they lack the ambiguity of angiotensin antagonists (partial agonism) or ACE inhibitors (bradykinin potentiation). However, none of the inhibitors of renin that have been developed to date have been thoroughly evaluated *in vivo*. Parenterally administered AII antagonists and ACE inhibitors have contributed significantly to our understanding of the renin angiotensin system and its role in human hypertension. The orally active ACE inhibitors show great promise as a novel type of antihypertensive drug.

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